

# A Lecture Series

Provided by

Department of Exercise Science  
Arnold School of Public Health  
University of South Carolina  
Columbia, SC, USA



April 18 at 8 AM EDT

Christine Pellegrini

Topic: Community-Based Physical Activity Promotion

[Christine Pellegrini](#)



April 25 at 8 AM EDT

Toni Torres-McGehee

Topic: Body Image in Athletes

[Toni Torres-McGehee](#)



May 2 at 8 AM EDT

Shana Harrington

Topic: Paralympic Sport: Challenges and Opportunities

[Shana Harrington](#)



May 9 at 8 AM EDT

Katie Hirsch

Topic: High Intensity Interval Training (HIIT)

[Katie Hirsch](#)



May 16 at 8 AM EDT

Shawn Arent

Topic: Ergogenic Aids: Science versus Myth

[Shawn Arent](#)